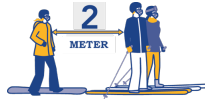


# Health and safety instructions to enjoy a safe ski season

## Basic measures



	LEVEL 1 - VIGILANCE	LEVEL 2- EARLY WARNING	LEVEL 3 - MEASURES IN FORCE	LEVEL 4 - MAXIMUM ALERT
Inter-regional travel	Authorized		Not recommended from or toward an orange or red zone. Visitors should apply the instructions associated to their local region.	Not recommended from or toward an orange or red zone. Visitors will be limited only to the practice of their sport while onsite.
Base lodge and F&B	Access will be limited according to the building size. Food services will operate following the sector specific measures. Face-coverings are required for every visitors 10 years old and +. <sup>1</sup> Frequent cleaning and disinfection for all high-touch areas.			Base lodge will only be used as a shelter for guests to warm up, with limited access time. Disinfection protocols after each use. Sanitary facilities will remain accessible.
Services (Ski shop, Rentals, Lockers)	Access will be limited in order to respect the 2m physical distancing. Face-coverings are required for every visitors 10 years old and +. <sup>2</sup> Equipments are disinfected after each use.			Ski shop open only and seasonal equipment rental permitted.
Lifts	Visitors from the same household are encourage to ride the lift together. Respect the 2m physical distance in lift lines. Face-coverings are required in lift lines and while riding the lift (3 years old and +). <sup>3</sup> Limited capacity for gondola at 50%.			1 lift = 1 household 1 gondola = 1 household or 2 single visitors For single visitors, the 2m physical distancing will be applied for all lift types.
Snow School	Face-coverings, like neck warmers, are required for all skiers of 3 years old and +. Small and stable group are recommended.			Closed
Federations/ Competition team	Refer to Ski Quebec Alpin and other Federations plans			All organized sports are suspended. Individual practice is permitted.

<sup>1</sup> Bring a spare face-covering to access the lodge.

<sup>2</sup> <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/wearing-a-face-covering-in-public-settings-in-the-context-of-the-covid-19-pandemic/>

<sup>3</sup> It can be a neck warmer, balaclava, neck gaiter or other accessories well adjusted that covers mouth and nose. This accessory should be made of 2 layers of fabric, tight stitches and large enough to cover both the mouth and nose.

